

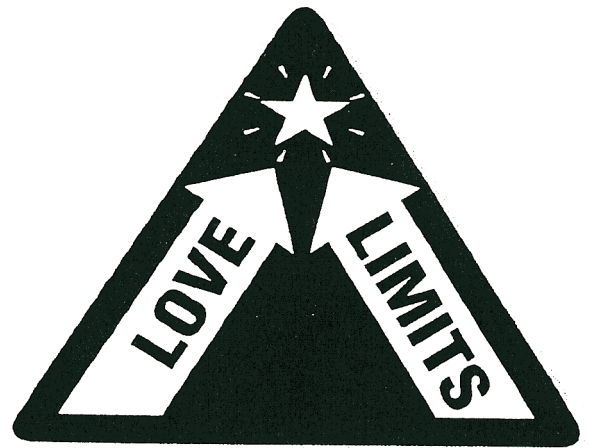
**The North Arlington Board of Health
will offer
STRENGTHENING FAMILIES PROGRAM**

**FREE PROGRAM FOR
PARENTS / CAREGIVERS AND YOUTH 10-14 YEARS**

Helping Kids Have a Great Future!

Help your youth....

***Prepare for Teen Years
Resist Peer Pressure
Handle Frustration
Solve Problems Together
Avoid Problems with
Drugs & Alcohol***



**Strengthen family communications in discussions and games.
Program includes free weekly dinner, prizes, gift certificates, fun activities.**

**Join us for seven sessions
beginning on Wednesday, October 3, 2007
at the North Arlington Middle School
Dinner: 6:00 pm – 6:30 Program: 6:30 – 8:30 pm**

**** OPEN TO SURROUNDING COMMUNITIES ****

Pre-registration is required.

For information / registration, call the North Arlington Health Department

at 204.055.5605